

BULSCA Nottingham Dry SERC 2019

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SERC Overview

Background.

The SERC is set on a local talk at the Millennium Conference Centre in South Kensington London. The weather is sunny, weather forecast at high of 25 degree Celsius.

Room Conditions.

- Need tables and Chairs set to 2 columns x 3 rows. Each column will consist of two tables

SERC information. (Captains Briefing)

- Communication devices are simulated.
- Out of bounds is marked with either yellow/black and/or white and red hazard tape.
- Any out of bounds edges and walls are considered as nothing.
- Judges wear white T-Shirts and Navy/Blue Shorts.
- Any equipment that is taped by either yellow/black and/or white and red hazard tape are off limit.
- If the competitors leave the SERC area, they will not be allowed to return.

Equipment list.

3x thick coats, enough thickness to make a cushion of some form

1x Haribo (need few bags to replenish through the day)

1 x transparent bottle with squash in it (expect to refill) just get a concentrated one to dilute it throughout.

1x Baby Manikin.

1x fake knife, (cardboard with foil can do)

1x fake phone

1x Hazard tape.

1x tub of clean wipes

1x stopwatch for casualty 6 seizure timing

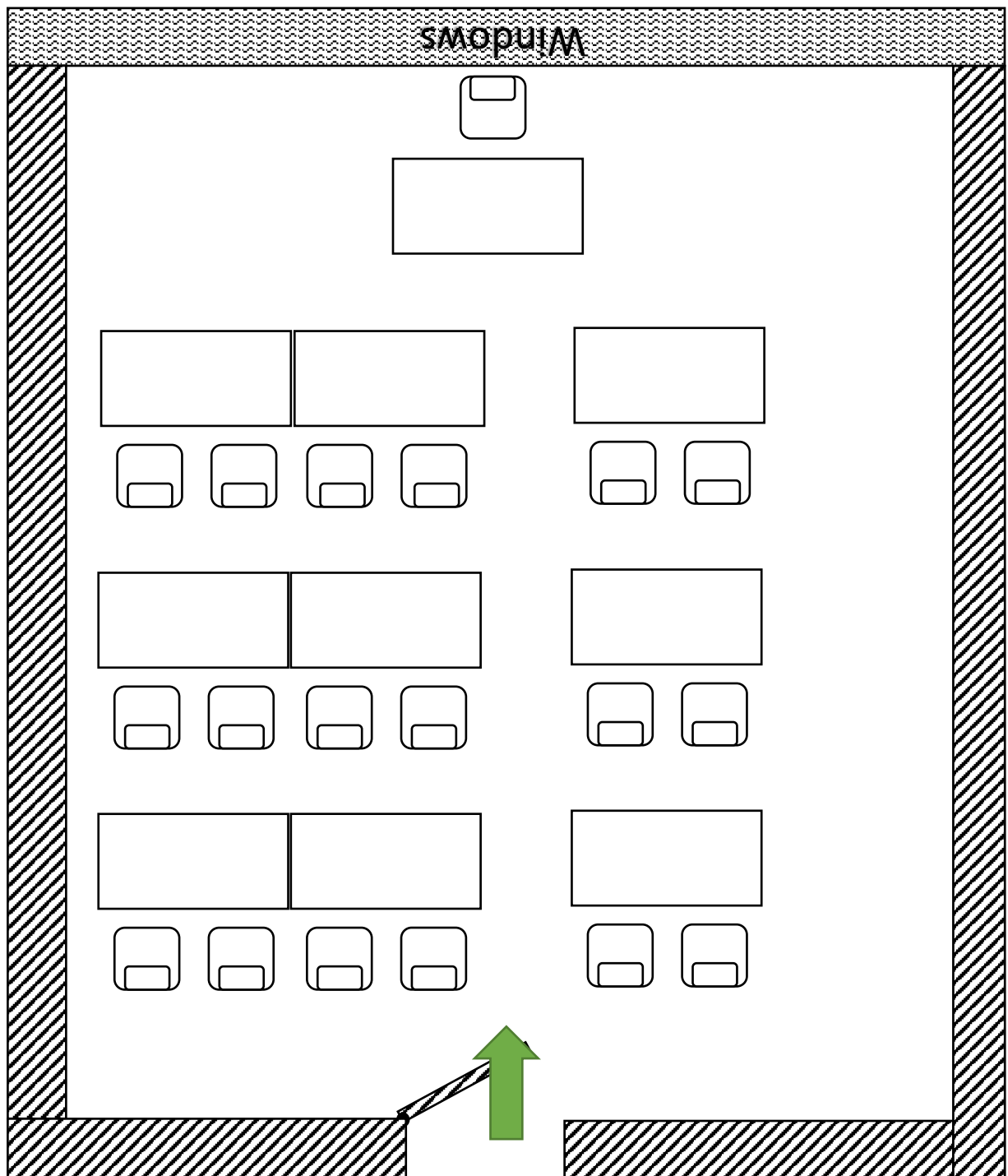
SERC Details.

Competitor Brief.

45 seconds

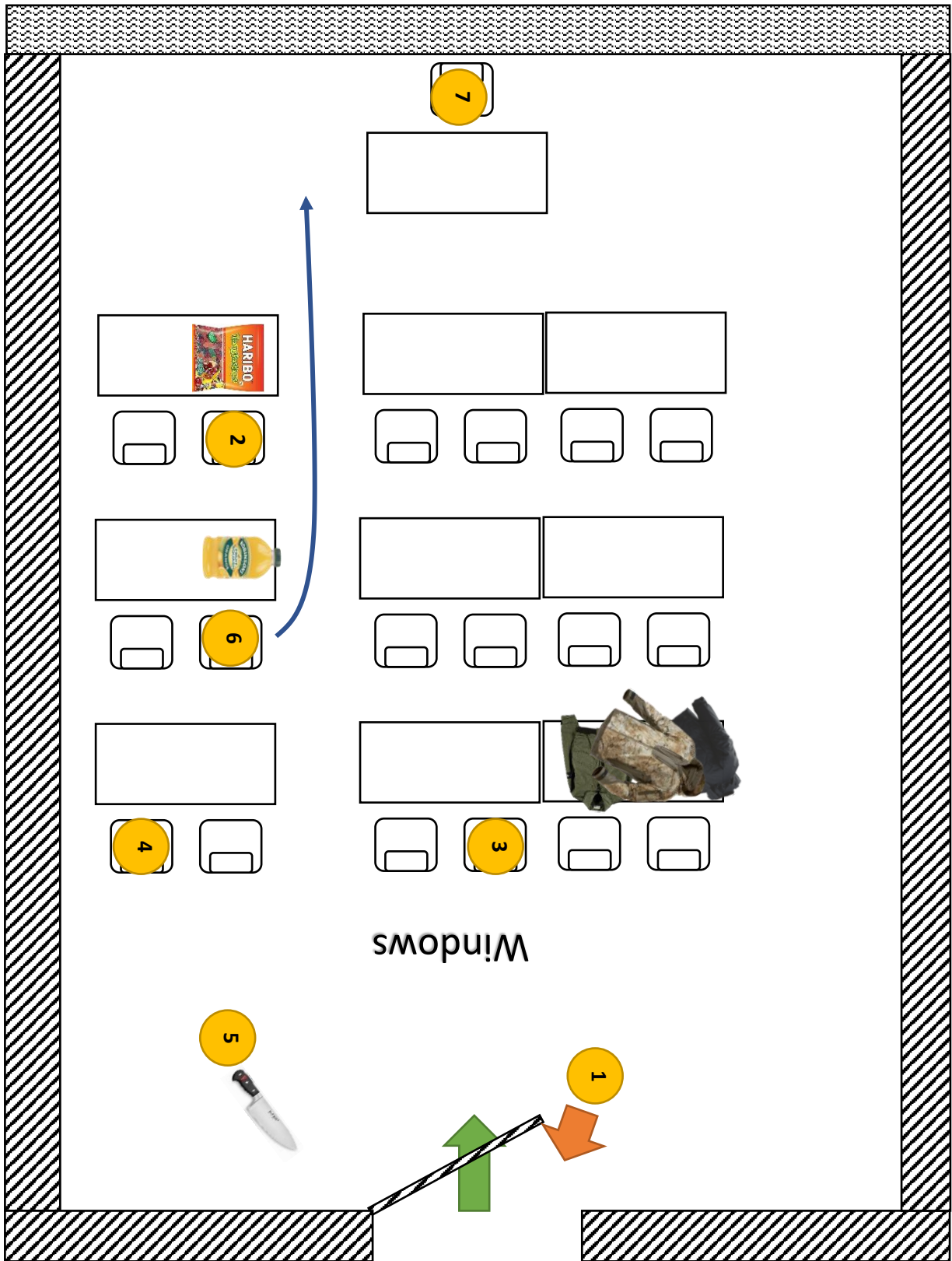
You and your friends are attending a local talk at the Millennium Conference Centre in South Kensington London. The weather is sunny, weather forecast at high of 25 degree Celsius. It is currently 10:15am.

Competitor Map.



Map for Officials

Note to Starter of the SERC:



Casualties

Casualty 1 (Luke/Lucy) – External Veins Bleeding right arm (panicking)

You will be standing by the door way. At the sound of the whistle, when the lifesaver comes in. You will rush up to them shouting, “He is crazy! He just stabbed me!”

You will have wet blood on your right arm bleeding from your veins, and have dry blood on your left hand. You can be calmed if the lifesaver said some form of reassurance lines, such as it is ok, we are lifesavers and will help you, etc. You will then follow all the instructions given by the lifesaver.

If asked who stabbed you, you will point at Casualty 5, who is on the floor. If asked what happened to him, you shall say, “He stabbed me, so I pushed him onto the floor, and ran to the door then I saw you!”

If ask when this happened, you will say 10 seconds ago.

You have no medical history, not a first aider, do not have a phone, you know nobody here. If asked specifically about casualty 3, you know that casualty 3 came with a lady, but haven't seen the lady for over 1hr.

Casualty 2 (John / Joanne) – Choking

You are eating a sweet and unfortunately choke onto it. On the sound of the whistle you put a sweet into your mouth and swallowed it, but goes down your trachea (windpipe) rather than the oesophagus (gullet). This results in a blockage of the airway. It is a severe airway obstruction hence, you are not able cough at all. You will be sat down and grips onto your throat with both of your hands. If ask to cough, you will try but not able to. If ask to stand up you will do. If you are asked to move, you will only move for 4 paces and go down on your knees as if you are getting weak. You can nod or shake your head to provide yes and no answers to lifesavers' questions. Stating to obvious here, you can't speak while you still choking.

You will spit your sweet at the 5th blow onto your back. You will remain in the weak state and required assistance to move about. You can answer any question normally but slowly.

You have no medical history, not a first aider, do not have a phone, you know nobody here. If asked specifically about casualty 3, you know that casualty 3 came with a lady, but haven't seen the lady for over 1hr.

Casualty 3 (Harry / Harriet) – Baby Unconscious Non-Breathing

You are the baby of a mother who just abandoned you. You are unconscious and not breathing. You are sat on the chair.

You have no medical history, not a first aider, do not have a phone, you know nobody here.

Casualty 4 (Jack / Jasmine) – Bystander

You are friend of casualty 7 and came to support. You know casualty 7 has some form of medical condition called hypoglycaemia (whatever that is!). You will surrender this information only if you were asked if casualty 7 has any medical condition. You will tell them casualty 7 is a friend if asked something like “do you know anyone?”

You felt asleep after a long night shift that you just finished. You will follow any instructions given to you. You will only get woken up with physical contact.

You have no medical history, do not have a phone, you know casualty 7, You are a survive and save core and medallion holder since last Aug 2019. If asked specifically about casualty 3, you know that casualty 3 came with a lady, but haven't seen the lady for over 1hr.

Casualty 5 (Frank / Francesca) – Unconscious Breathing

You just been punched in the face, and felt onto the floor completely out. On the sound of the whistle you will be already on the floor heads down facing right with left arm on the side and right raise. Leg are in at ease position. You will remain unconscious for the rest of the SERC.

You have no medical history, not a first aider, have a phone in the pocket (whichever decide on the day), you know nobody here.

Casualty 6 (Paul / Paula) – Major Seizure

On the sound of the whistle you will leave your seat and walk towards to front as indicated in the map. Make hast because you knew you are going to have a seizure and need an open area to do it. IF you are stopped or obstructed, you will push them away to get to the location to have a major seizure.

Once you are at the location, you will collapse onto the floor suddenly, breathe out and stiffen, your hands and arms would make sudden jerking movements, arch your back every now and then, your eyes would be rolled, and clench your teeth. You will continue with this for 20 seconds. Afterwards you will relax on the floor face up, and just lying there as if you just ran a marathon, you will be conscious and breathing, and keep falling into sleep. If approach, and asked questions, you would have no recognition what just had happened. You will need assistance to move around and will follow any instructions given.

You have had seizure 3 years ago, but was checked out clean by your GP. You are a survive and save core and medallion holder since last Aug 2019, do not have a phone, you know nobody here. If asked specifically about casualty 3, you know that casualty 3 came with a lady, but haven't seen the lady for over 1hr.

Casualty 7 (Eric / Erica) – Hypoglycaemia

You are the speaker of the talk, you have hypoglycaemia. On the sound of the whistle you sat in your chair head down and supported by your hands, your elbows on the table. You appear to be off balance shifting sideways, as if you are going to fall off the chair. You feel faint, confused, as if you are drunken. Your words murmur out from your month, unclear and broken. You will be breathing shallow as well.

You can be moved around ONLY with assistance. You will need to be fed if to eat or drink anything.

You won't be able to follow any instruction throughout, but you can comply with assistance. You will not have strength to raise and keep your legs up if put into shock position. You will need help. Your speech will be better once been given sweets or sugary drinks to eat but still not perfect and in broken sentences.

You have hypoglycaemia, not a first aider, do not have a phone, you know nobody here. If asked specifically about casualty 3, you know that casualty 3 came with a lady, but haven't seen the lady for over 1hr.

Judges Scoresheets

Team: _____

Judge 1 - Overall

Criteria	Mark (out of 10)										
Effective control	0	1	2	3	4	5	6	7	8	9	10
Effective communication	0	1	2	3	4	5	6	7	8	9	10
Effective prioritisation	0	1	2	3	4	5	6	7	8	9	10
Effective captaincy	0	1	2	3	4	5	6	7	8	9	10
Effective teamwork	0	1	2	3	4	5	6	7	8	9	10

Signature: _____

Team: _____

Judge 2 - Phone

Criteria	Mark (out of 10)										
Use of mobile phone	0	1	2	3	4	5	6	7	8	9	10
Speed to dial 999	0	1	2	3	4	5	6	7	8	9	10
Ask for ambulance and Police	0	1	2	3	4	5	6	7	8	9	10
Location	0	1	2	3	4	5	6	7	8	9	10
Casualties Info: Choking, Baby UNB, Adult CB	0	1	2	3	4	5	6	7	8	9	10
Casualties Info: Bystanders x1 / Hypoglycaemia / Major Seizure, External Bleeding	0	1	2	3	4	5	6	7	8	9	10
Request AED	0	1	2	3	4	5	6	7	8	9	10
Any other information (e.g. Stabbing, Abandoned baby, request AED, etc.)	0	1	2	3	4	5	6	7	8	9	10

Signature: _____

Team: _____

Judge 3 - Casualty 1 - External Veins Bleeding right arm (panicking)

Criteria	Mark (out of 10)										
Identification and Assessment	0	1	2	3	4	5	6	7	8	9	10
Initial Treatment (pressure, bandages etc)	0	1	2	3	4	5	6	7	8	9	10
Secondary Treatment (Sling)	0	1	2	3	4	5	6	7	8	9	10
use of Gloves	0	1	2	3	4	5	6	7	8	9	10
Aftercare and questioning	0	1	2	3	4	5	6	7	8	9	10

Judge 3 - Casualty 5 - Unconscious Breathing

Criteria	Mark (out of 10)										
Identification and Initial Assessment	0	1	2	3	4	5	6	7	8	9	10
Turning casualty	0	1	2	3	4	5	6	7	8	9	10
Breathing Checks & Quality	0	1	2	3	4	5	6	7	8	9	10
Recovery Position & Quality	0	1	2	3	4	5	6	7	8	9	10
aftercare	0	1	2	3	4	5	6	7	8	9	10

Signature: _____

Team: _____

Judge 4 - Casualty 2 - Choking

Criteria	Mark (out of 10)										
Identification and Assessment	0	1	2	3	4	5	6	7	8	9	10
Treatment - Supporting casualty and lean forward	0	1	2	3	4	5	6	7	8	9	10
Location of the blows, use of heel of the hand	0	1	2	3	4	5	6	7	8	9	10
Reassessment between each blow	0	1	2	3	4	5	6	7	8	9	10
Aftercare and questioning	0	1	2	3	4	5	6	7	8	9	10

Judge 4 - Casualty 7 - Hypoglycaemia

Criteria	Mark (out of 10)										
Identification and Assessment	0	1	2	3	4	5	6	7	8	9	10
Treatment	0	1	2	3	4	5	6	7	8	9	10
Aftercare and questioning	0	1	2	3	4	5	6	7	8	9	10

Signature: _____

Team: _____

Judge 5 - Casualty 3 - Baby Unconscious Non Breathing

Criteria	Mark (out of 10)										
Identification and Assessment	0	1	2	3	4	5	6	7	8	9	10
Speed to first compression	0	1	2	3	4	5	6	7	8	9	10
Handing of casualty	0	1	2	3	4	5	6	7	8	9	10
Quality of CPR	0	1	2	3	4	5	6	7	8	9	10
use of pocket mask	0	1	2	3	4	5	6	7	8	9	10
use of Gloves	0	1	2	3	4	5	6	7	8	9	10

Judge 5 - Casualty 4 - Bystander

Criteria	Mark (out of 10)										
Identification and Assessment	0	1	2	3	4	5	6	7	8	9	10
Use of Casualty	0	1	2	3	4	5	6	7	8	9	10
Aftercare and questioning	0	1	2	3	4	5	6	7	8	9	10

Signature: _____

Team: _____

Judge 6 - Casualty 6 - Major Seizure

Criteria	Mark (out of 10)										
Identification and Assessment	0	1	2	3	4	5	6	7	8	9	10
Initial Treatment (During Seizure)	0	1	2	3	4	5	6	7	8	9	10
Secondary Treatment (After Seizure) - Check Breathing / Recovery	0	1	2	3	4	5	6	7	8	9	10
Aftercare and questioning	0	1	2	3	4	5	6	7	8	9	10

Signature: _____