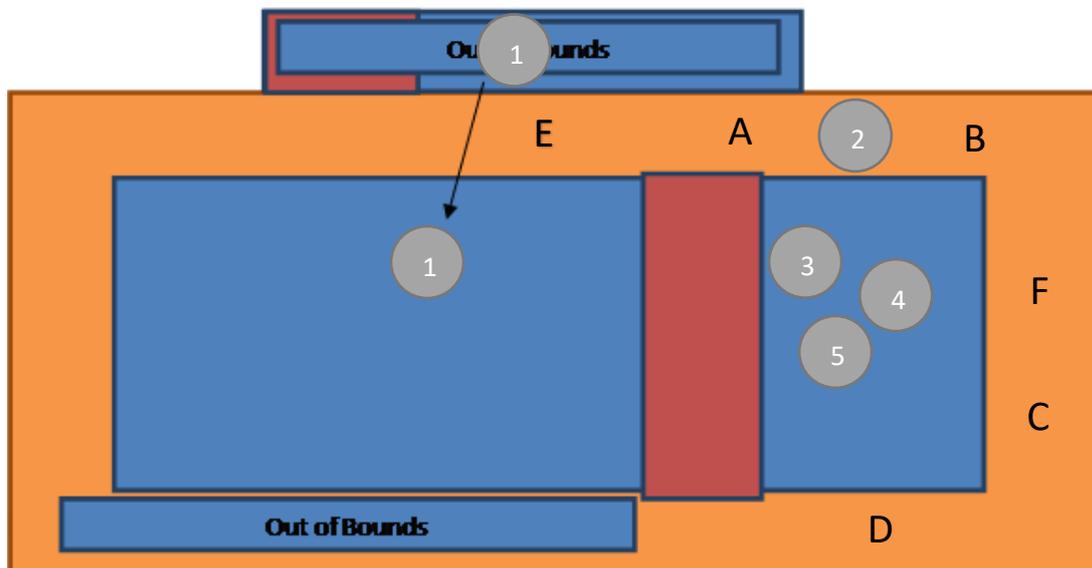


**Scenario**

The Team are on their way to use Bristol SU Pool. There are some on-going renovations so they have to enter the building through a different entrance to normal.

In the shallow pool an OAP Aquacise class is half way through. In the deep end nothing is happening. The raised area is out of bounds as well as the changing rooms. The areas marked out of bounds are having a new floor laid by construction workers. Due to pressures on budgets the pool decided to stay open during the work. The Aquacise instructor has dropped her glass water bottle and it smashed cutting her foot and covering the floor in broken glass. The lifeguard has gone off to find a Full first aid kit. One of the class participants to have a heart attack and another went to go into shock. 30s into the SERC a construction work with a bag will come in from out of bounds and fall into the pool, and gone unconscious in the water face down.



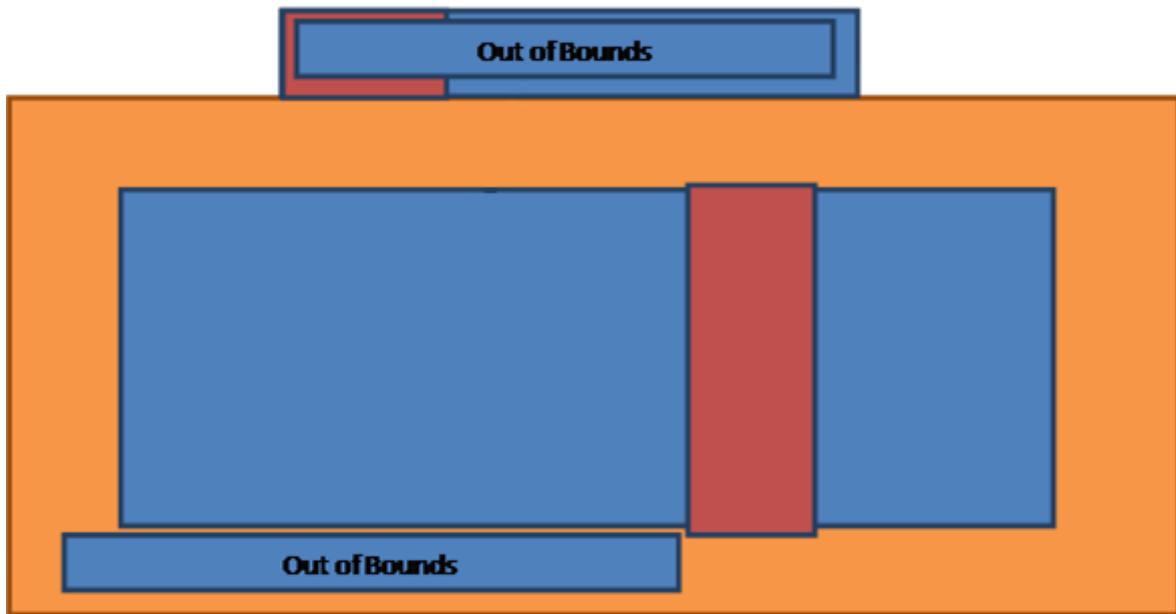
**Instructions**

The team will enter through the bottom doors from outside. They will be presented with a map showing where is out of bounds to read it for 30 seconds. They are heading on to pool side to warm up before doing a training session in the small pool.

- a - Broken glass - simulated
- b - Speaker
- c - Rope
- d - Torp
- e – Broom
- f – Aspirin Tablets

### Team Brief

You have turned up early to training to get a bit of an onside warm up done before the pool is available to use. The pool is having renovations and changing the tiles along the side of the pool so some areas are closed off. There is an Aquacise class happening in the training pool. You are training at Bristol SU Pool.



Brief

Casualty 1	
Name	Charlie
Type	Unconscious not breathing
Communication	A phone and first aid kit will be in a bag
First Aid	None ability to do first aid - no medication
Details	Will enter the SERC after 30s with a bag that contains the phone and first aid kit. You went in drop to bag and fall straight into the pool IMMEDIATELY and cannot swim, and go unconscious not breathing (face down in the water) and after checks a manikin will be swapped in for CPR. Please make sure casualty is holding his breathe when being checked for breathing. The casualty will avoid any obstruction by lifesaver and went straight into the pool to go UNC NB

Casualty 2	
Name	Jo
Type	Bleeding bottom of the right foot
Communication	You have seen a builder with a phone and the site first aid kit, you have Alex's inhaler in your pocket.
First Aid	None ability to do first aid - no medication
Details	You have been teaching an aquacise class and dropped your glass water bottle and stepped in the broken glass cutting your foot. You can turn the music off if asked and you know that you have 3 people in the pool. Your right foot is cut and is bleeding from capillaries, you are sat on the floor in pain. There is no glass in your foot. You will be shouting for help as its hurts.

Casualty 3	
Name	Alex
Type	Asthma
Communication	No
First Aid	None ability to do first aid - no medication
Details	You are in the aquacise class and tired as it almost the end of class. You have started to have an asthma attack. You will go towards the side of the pool if called verbally with eye contact instruction (Shout and signal) but you will be very slow as you are tired. You can only get out of the pool using the steps or assisted lift. You will require assistance to get out of the pool, however you will have difficulties and unable to get stirrup lift out as you have no strength in you. If they try the stirrup lift with you just go off balance and say I cannot do it. You will get yourself out via the steps only when asked to do so.

Casualty 4	
Name	Jo
Type	Hypoglycaemic
Communication	No
First Aid	None ability to do first aid - no medication
Details	You are in the aquacise class and tired as it almost the end of class. On the sound of the whistle, you are suffering hypoglycaemic . You will go towards the side of the pool if called with eye contact (shout and Signal Rescue Standard) but you will be very slow as you are tired and feeling faint. When explained that they are lifesavers and here to help you will follow any instructions . You can only get out of the pool using the steps or assisted lift. You will require assistance to get out of the pool, however you will have difficulties and unable to get stirrup lift out as you have no strength in you. If they try the stirrup lift with you just go off balance and say I cannot do it. You will have slurred speech and appear drunk. You will be aggressive and breathing shallowly. When given sweet to eat, you will comply and will feel better but not fully recovered throughout the SERC.

Casualty 5	
Name	Dan
Type	Heart Attack
Communication	Have a pack of aspirin tablets on the poolside
First Aid	None ability to do first aid – has medication (Asprins)
Details	You are in the aquacise class and tiered as it almost the end of class. You have gone started to have a heart attack.. You will feel Dizziness and complain tightening sensation/pain in chest whilst Clutching your chest. You will go towards the side of the pool if called with eye contact (shout and Signal Rescue Standard) but you will be very slow as you are tired and feeling faint. When explained that they are lifesavers and here to help you will follow any instructions . You can only get out of the pool using the steps or assisted lift. You will require assistance to get out of the pool, however you will have difficulties and unable to get stirrup lift out as you have no strength in you. If they try the stirrup lift with you just go off balance and say I cannot do it. You will feel tingling in left arm and jaw. You will also be feeling nauseous. When given aspirin will pretend to chew it.

#### Items needed for the SERC

Josh has	Bristol hopefully has
	Fake blood

	Speaker
	Broom – sturdy as people will try to use it as an aid
	bags of sweet
	Mobile phone (fake)
	CPR Manikin adult and wipes
	Rope
	Torpedo buoy
	Builders outfit
	Tape lots of it
	Simulated broken glass? (cut up plastic bottle, avoid sharp edges)
	BOB

FULL First aid kit