

British Universities Life Saving Clubs' Association



National Student Championships
2023 Information Pack



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Event Details Contact Information

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Addresses

Venue	K2 Crawley Pease Pottage Hill Crawley RH11 9BQ	
Social	The Old Punch Bowl 101 High St. Crawley RH10 1DD	
Accommodation	RH10 Fitness 11 Royce Rd Crawley RH10 9NX	Bluewoods Scout Hut Tilgate Park Titmus Dr Crawley RH10 5PQ

There is ample parking available at the K2 and accommodation sites. Parking for the social is at the old Morrison's car park or any of the pay and display parking sites around the pub.



Costs

Entry Costs

Squad Entry	£55.00 per person (Whole Weekend)
Individual Entry	£7.50 per event (Saturday Only)
Relay Entry	£20.00 per relay event (Saturday Only)

Additional Costs

Accommodation	£5.00 per person per night
Spectator Ticket	£5.00 per person per day Tickets can be bought on the day but must be paid in cash only.

Merchandise

T-Shirt	£20.00
Swimming Hat	£7.50

There will be merchandise available for purchase during the weekend.



Programme of Events

Friday

Please ensure all required documentation has been provided and payments made before 23:00 on Friday 17th March 2023.

Event	Time	Location
Online Registration Closes	23:00	Online
Accommodation Opens	21:00	RH10 Fitness and/or Bluewoods Scout Hut

Saturday

Please enter via K2 main entrance. On the day registration will be in the reception area.

Event	Time	Location
Accommodation Exit	7:15	RH 10 Fitness and/or Bluewoods Scout Hut
Registration	8:15	K2 reception area
Warm Up	9:00-9:30	Main Pool
Events: 4x10m Line Throw Relay 12.5m Line Throw 200m Obstacles 4x50m Obstacles Relay	9:30-11:30	Main Pool
Officials Break	11:30-11:55	
Events: 50m Manikin Carry 4x25m Manikin Carry Relay 100m Manikin Carry with Fins 100m Rescue Medley	11:55-14:10	Main Pool
Officials Break	14:10-14:40	
Events: 4x50m Pool Lifesaver Relay 200m Super Lifesaver	14:40-15:40	Main Pool
Officials Break	15:40-15:50	
Events: 100m Manikin Tow with Fins 4x50m Rescue Medley Relay	15:50-16:50	Main Pool
Tidy / Change	17:00	Pool area



Accommodation Opens	17:30	RH10 Fitness and/or Blue Woods Scout Hut
Social	20:00-23:00	The Old Punch Bowl

Sunday

Please enter via the main entrance. On the day registration will be in the reception area.

Event	Time	Location
Accommodation Exit	7:15	RH 10 Fitness and/or BlueWoods Scout Hut
Registration Opens	8:15	K2 reception area
Isolation Closes	9:15	K2 Bowls Hall
SERCs Start	10:15	SERC room and main pool
Officials Lunch	13:00	
Events: 4x12m Line Throw Relay 4x100m Swim and Tow Relay	14:30	Main pool
Tidy / Change	16:30	Pool area
Results and Awards	17:00	Bowls Hall
Finish	18:30	

All teams will require a **FULL FIRST AID KIT** for both SERCs. Competitors should arrive on Sunday with swimming costumes underneath their clothes and have clothes they do not mind getting wet in with them- there will not be a chance to change between the two SERCS.



Pool Information Dimensions

Length: 50m

Width: 8 lanes

Depth: Varying depth throughout the pool

Internal Directions

After entering through the main entrance, the reception barriers are directly in front of you. To the left is the café and the entrance to the swimming pools and changing village. There is a virtual tour of the K2 that can be found here: <https://vr.everyone-active.spinviewglobal.com/k2/>

The spectating area is accessible via stairs between after reception and past the cafe and pool and changing village entrance. Spectators and competitors may use any area of the stand but they must ensure that they are not wet when outside of the changing rooms and poolside area, particularly when using the stairs.

Accommodation Information General Information

The accommodation will be split between two venues RH10 Fitness and the Blue Woods Scout Hut. Please ensure you go to your allocated accommodation venue.

The table below indicates which university is in each accommodation venue for both Friday and Saturday night:

RH10 Fitness	Blue Woods Scout Hut
Bristol	Birmingham (big room)
Swansea	Loughborough helpers (small room)
Nottingham	

RH10 fitness is a 15-minute drive to and from the K2. It is not within walking distance. Please offer lifts to others if you have space to take them. Directions can be found at this link: <https://www.google.com/maps/dir/K2+Leisure+Centre,+Crawley/RH10+Fitness,+11+Royce+Rd,+Crawley+RH10+9NX/@51.1169219,-0.2207681,13z/data=!3m1!4b1!4m14!4m13!1m5!1m1!1s0x4875ee0724a05391:0x33a7e78874350be6!2m2!1d-0.192112!2d51.097713!1m5!1m1!1s0x4875f1902cb2b47f:0x88f74fba79cf6b60!2m2!1d-0.1705467!2d51.1372579!3e0>

Blue Woods Scout Hut is a 6 minute drive to and from the K2. This is within walking distance, a 15 minute walk. Directions for the scout hut can be found by following this link: <https://www.google.com/maps/dir/K2+Leisure+Centre,+Crawley/RH10+5PQ,+Crawley/@51.0986811,-0.1902441,16z/data=!3m1!4b1!4m14!4m13!1m5!1m1!1s0x4875ee0724a05391:0x33a7e78874350be6!2m2!1d-0.192112!2d51.097713!1m5!1m1!1s0x4875f201f77fe495:0xc1379677eda89122!2m2!1d-0.1796444!2d51.095106!3e0>



Please respect the rules of both venues. Clean up all litter and dispose of it in the appropriate manner. Ensure toilets are left clean and tidy. Return any moved furniture to its original position. Respect the locals in the area by keeping noise to a minimum. Smoking is forbidden in or around the buildings. Alcohol and illegal substances cannot be brought onto the premises.

In the event of damage, the individual who caused it will be liable for any repair or replacement costs. Furthermore, failure to adhere to the above rules may result in the individual and affiliated club being disqualified from Champs 2023, with further disciplinary action possible.

Accommodation for both venues opens at 21:00 on Friday night, and 17:30 on Saturday evening. Both Saturday and Sunday mornings, RH 10 Fitness must be vacated by 7:15 am, Blue Woods Scout Hut must be vacated by 8:15am. Belongings are **NOT** to be kept at any of the venues through Saturday. All items must be stored elsewhere. We recommend within vehicles or in a locker at the K2.

Registration

Friday

The following must have been completed by 23:00 on Friday 17th March 2023. Failure to do so may mean you are unable to compete.

- All payments must be paid
- Counting squad members must be declared
- Record Attempts form for those wishing to break a record
- Photography form
- Diving form
- Equipment List form
- Online registration

Please contact the competition organiser if you are unable to do so by the required date. Links to the respective forms, can be found here:

Records Attempts form – <https://forms.gle/7wXBLwwALa4pWU24A>

Photography form – <https://forms.gle/yiEbhsbpTDSuDhbj6>

Diving form – <https://forms.gle/ASPEmYFydLXRH7mt9>

Equipment List form - <https://forms.gle/MwLbDhNJ9JpP3V5V9>

Online registration: <https://forms.gle/J3aXLQP2ZW7sQGjY6>

Equipment must be 'signed in' by a responsible individual. You are expected to bring the items declared on the Equipment List form. You must declare any additional items provided. **Please ensure that any equipment you bring is clearly marked and identifiable to your club.** Equipment can be collected on either Saturday or Sunday. Equipment will need to be signed out.

Saturday

Saturday registration will be in the reception of the K2. Competitors, Officials, Helpers and



Spectators all need to register upon arrival. Equipment may be dropped off during registration. The following will be available to complete:

- Competition Sign in
- Programmes

Sunday

Sunday registration will be in the reception area of the K2. Competitors, Officials, Helpers and Spectators all need to register upon arrival. Officials and Helpers should register as early as possible where they will be taken to their own isolation to begin briefing for the day.

General Information Saturday Information

Warm up will take place between 09:00 and 09:30 on Saturday morning. Some lanes may be able to be used for warming up during breaks throughout the day, depending on how the day is running and if there is a suitable number of helpers – this will be confirmed on the day. There is a maximum limit of 20 swimmers per lane. Diving is to be in Lane 1 and 8 only. During the warmup time, it is likely that equipment will be installed to each lane, please exit the lane once equipment has been installed.

Marshalling will take place for all events. The commentator will call to marshalling which will be on the chairs on the balcony side of the pool. A one way system will be used throughout the day and it will be made clear and must be adhered to at all times. Please listen carefully for marshalling calls. You must be behind your block, ready to race on time. If you are late, we will start without you, and you will be disqualified. No bags or personal belongings are allowed to be on the poolside, everything must be kept in the spectators' balcony.

Electronic timing will be in use for all events on Saturday. Timing pads are placed at both ends of the pool and will record finish and split times. We will be aiming to carry out over-the-top starts for most events, to ensure smooth and fast running. Where this is the case, please wait in your lane to one side, well clear of the centre of the lane where the next competitor will be diving in. Please also ensure that you are a distance from the timing pad so as to not accidentally touch these once the heat has started and clear the water to the sides of the pool as quickly as possible.

The Scorer's Box is out of bounds for the whole weekend, except for Club nominees needing to deal with the Competitor Liaison. Competitors should not be approaching the Officials or Referees. The Competitor Liaison is the person to contact regarding decisions around disqualifications and appeals.

For Pool Lifesaver relay, team gender orders will be Female, Female, Male, Male.

Saturday Food Information

Lunch will be provided to officials and helpers throughout the day. All dietary requirements should have been submitted to the organiser via the sign-up form.

There will NOT be food provided on Saturday night. Clubs are encouraged to book somewhere together in Crawley for food on the Saturday. Please let us know if there are any issues with finding and booking a place.



There will be a social between 20:00 and 23:00 on Saturday at the old Punch Bowl in Crawley. The address can be found here https://maps.app.goo.gl/SY5e2FdDpgp4btzZ7?g_st=ifm. You can park at the old Morisson's car park or at any of the pay and display parking sites around the pub. There should be enough availability.

Sunday Information

Isolation will be in Bowls Hall in the K2. Competitors will need to be supervised to use the toilets once isolation has closed. **To save time, please can all competitors arrive wearing their swim costumes underneath clothes they do not mind getting wet in- there will not be a chance to change between the two SERCS.**

SERC First Aid Kit requirements: FULL for Dry and FULL for Wet

Marshalling will be the same as on Saturday.

Electronic timing pads will not be used on Sunday.

The two speed events will be conducted across the 50m pool.

The Scorers Box remains out of bounds, except for Club nominees needing to deal with the Competitor Liaison.

Results and Presentations Information

We hope to have live results from Saturday speeds updated online. Event results will also be posted on the wall in the spectator area throughout the day.

Results will take place in the Bowls Hall at the K2, on Sunday evening starting at 17:00.

Once competitors have been awarded their medals or certificates, please make your way to one side of the room for any photos, so that we can continue to present awards in a timely fashion.

Other Information

The competition is an official RLSS UK Recognised event.

Officials will be wearing white tops.

Head Referee – Bobby Andersen

DRY SERC Writer – Chris Quinn

WET SERC Writer – Zoe Foster

SERC Reviewers – BULSCA Judges Panel

Judges- Becky Crabbe, Oliver Coleman, Richard Evans, Rhianna Field, Samuel Flint, Emily Goodwin, Reece Hawkins, Owen Jeal, Alexander Jerreat, Chris Miles, Natasha Moss, Eil Murray, Sam O'Connor, Luke Peel, Jake Saunders, Emma Smith, Chloe Warr



Heats and SERC Draw Saturday

To access the heats for the various events on the Saturday, and to view the live results throughout the day, please use the following link - <https://live.lifesaving.events/>

Sunday SERC Draw

1. Birmingham Old Boys	9. Birmingham A	17. Swansea C	25. Birmingham C
2. Birmingham E	10. Bristol A	18. Warwick A	
3. Southampton A	11. Birmingham B	19. Bristol C	
4. Loughborough C	12. Birmingham D	20. Warwick C	
5. Warwick B	13. GSLA	21. Birmingham F	
6. Bristol B	14. Swansea B	22. Southampton B	
7. Nottingham A	15. Loughborough B	23. Swansea A	
8. Nottingham B	16. Nottingham C	24. Loughborough A	

Sunday Heats

	Heat 1	Heat 2	Heat 3	Heat 4
1		Warwick B	Bristol A	Birmingham A
2	Birmingham F	Southampton B	Warwick C	Loughborough C
3	Bristol B	Birmingham D	Birmingham OB	Loughborough B
4	Birmingham E	Southampton A	Birmingham C	Nottingham A
5	Swansea C	Swansea B	Swansea A	Loughborough A
6	Nottingham C	Nottingham B	Birmingham B	Warwick A
7	Bristol C			GSLA
8				

SERC First Aid Kit requirements: FULL for both SERCS

All competitors should arrive wearing their swim costumes underneath their clothes. All competitors should wear clothes they do not mind getting wet in- there will not be a chance to change between the two SERCS.



Thank You

Finally, thank you.

Thank you to all the Judges and Helpers, for without you, the competition simply wouldn't be able to happen, especially not in the manner it is.

Thank you to those who have taken additional roles, whether that be as Scorer, Timing Pad Operator, SERC Reviewer, Competitor Liaison, Referee, Photographer, Diver – the list goes on. Your invaluable skills help the weekend to run as smoothly as possible.

Thank you to the K2 centre for hosting our biggest competition of the year. And thank you to RH10 Fitness and Blue Woods Scout hut for allowing us a place to sleep.

Thank you to the RLSS for recognising our competition, giving us equipment, and providing support where necessary.

Thank you to Chloe for organising the competition and the BULSCA Committee and BULSCA Judges Panel, for keeping the competition on the right track and moving things forward when needed.

And a huge thank you to all the Competitors, Team Organisers, and Competition Secretaries, who have had tight deadlines and immeasurable patience in coordinating their attendance.

All your support and efforts are greatly appreciated.

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